

HIP QUESTIONNAIRE

Patient Name: _____

DOB: _____

- 1.) Which hip(s) did you hurt? _____
- 2.) Is this a new presentation of hip pain, or a follow-up? _____
- 3.) Did another provider refer you? If yes, who? _____
- 4.) Describe **how** and **where** your symptoms occurred/how you injured your hip? Be specific (include **dates**)

5.) What best describes your hip pain? (check all that apply)

- | | | | | |
|-------------------------------------|--------------------------------------|---|---|--|
| <input type="checkbox"/> aching | <input type="checkbox"/> diminishing | <input type="checkbox"/> grinding | <input type="checkbox"/> progressive | <input type="checkbox"/> swelling |
| <input type="checkbox"/> burning | <input type="checkbox"/> dull | <input type="checkbox"/> improving | <input type="checkbox"/> radiating | <input type="checkbox"/> tender to touch |
| <input type="checkbox"/> catching | <input type="checkbox"/> electric | <input type="checkbox"/> pins and needles | <input type="checkbox"/> sharp | <input type="checkbox"/> throbbing |
| <input type="checkbox"/> clicking | <input type="checkbox"/> giving way | <input type="checkbox"/> popping | <input type="checkbox"/> stabbing | <input type="checkbox"/> worsening |
| <input type="checkbox"/> cramp-like | <input type="checkbox"/> gradual | <input type="checkbox"/> pressure | <input type="checkbox"/> staying the same | other: _____ |

6.) What is associated with your hip pain? (check all that apply)

- | | | |
|--|---|--|
| <input type="checkbox"/> leg falling asleep | <input type="checkbox"/> groin pain | <input type="checkbox"/> requiring an assistant for ambulation |
| <input type="checkbox"/> back pain | <input type="checkbox"/> joint swelling | <input type="checkbox"/> requiring an assistant for transfers |
| <input type="checkbox"/> chills | <input type="checkbox"/> leg weakness | <input type="checkbox"/> requiring crutches |
| <input type="checkbox"/> difficulty arising from a seated position | <input type="checkbox"/> limited ROM of hip | <input type="checkbox"/> sciatica |
| <input type="checkbox"/> difficulty getting into and out of car | <input type="checkbox"/> limited ROM of knee | <input type="checkbox"/> stiffness |
| <input type="checkbox"/> falling down | <input type="checkbox"/> loss of balance | <input type="checkbox"/> thigh pain |
| <input type="checkbox"/> fevers | <input type="checkbox"/> requiring a cane | <input type="checkbox"/> unsteady gait |
| <input type="checkbox"/> foot numbness | <input type="checkbox"/> requiring a walker | <input type="checkbox"/> weakness |
| <input type="checkbox"/> gait instability | <input type="checkbox"/> requiring a wheelchair | other: _____ |

7.) Describe the timing of your pain? (check all that apply)

- | | | | |
|--|--|---|--------------|
| <input type="checkbox"/> began today | <input type="checkbox"/> occurs episodically | <input type="checkbox"/> occurs randomly | other: _____ |
| <input type="checkbox"/> constantly occurs | <input type="checkbox"/> occurs in the morning | <input type="checkbox"/> occurs with activity | |
| <input type="checkbox"/> occurs at night | <input type="checkbox"/> occurs intermittently | <input type="checkbox"/> occurs with weight bearing | |

8.) How severe is the pain on a scale of 0-10? (0 = no pain 10= worst pain)

currently ___/10 on a bad day ___/10 on an average day ___/10
initially ___/10 on a good day ___/10

9.) How long have you had your hip pain? ___years ___months ___weeks ___days

10.) What are you currently using to treat the hip pain? (check all that apply)

- | | | | |
|---|---|--|--------------|
| <input type="checkbox"/> brace | <input type="checkbox"/> narcotics/pain meds | <input type="checkbox"/> topical cream | other: _____ |
| <input type="checkbox"/> cast | <input type="checkbox"/> anti-inflammatory meds | <input type="checkbox"/> Tylenol | |
| <input type="checkbox"/> muscle relaxants | <input type="checkbox"/> physical therapy | <input type="checkbox"/> no treatment | |

11.) Have you had any procedures or surgeries to treat the hip pain? If yes, what type?

12.) What diagnostic imaging studies have you had for this problem? (check all that apply)

bone scan MRI no imaging studies
 CT scan plain radiographs (X-ray) other: _____

13.) How has this problem limited you? (check all that apply)

attending school on a limited basis inability to perform ADL's working on a limited basis
 difficulty with ADL's inability to work no limitations
 difficulty with REC sports participation requiring constant assistance other: _____
 functional limitations requiring occasional assistance
 inability to go to school working light duty

14.) Who have you seen for this problem? (check all that apply)

ER another doctor therapist trainer urgent care walk-in clinic other: _____

I certify that I have read and understand the above information to the best of my knowledge, and that the above questions have been accurately answered. I understand that providing incorrect information can be dangerous to my health. I authorize the physician to release any information including the diagnosis and the records of any treatment or examination rendered to third party payors and/or health practitioners. I authorize and request my insurance company to pay directly to the physician insurance benefits otherwise payable to me. I understand that my insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my behalf or my dependents.

Patient's Signature MD/PA Signature Date

Recall Review Signatures: Date:

1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____